If you have become aware of the horrible reality of abortion, you probably want to DO SOMETHING. But, in the face of something so big and so prevalent in this country, you may wonder, "What can just one person do?"

You can make a tremendous difference. Not because you have to do it all, but because you will be joining with so many others who started out with the same question. This is the beginning of a powerful "grass-routs" movement.

This pamphlet has been prepared to give you many ideas on how to become active in the Pro-Life cause. The ideas range from simple to time consuming. You know how much time and effort you can put in and where your skills lie. It is our hope that you will use the information in this pamphlet as a springboard to involvement in the Pro-Life movement. Together, we will make a difference!

Tennessee Right to Life
PO Box 5218
Knoxville, TN 37928-0218
(865) 689-1339

Here are 24 simple ideas to help stop abortion

Resources

1. Heritage House '76, Inc.
   919 South Main Street
   Snowflake, AZ 85937
   1-800-858-3040
   On-line Catalog
   http:\\www.heritagehouse76.com

   1000 pages of Pro-Life information:
   www.abortionfacts.com
2. National Right to Life
   419 7th Street NW, Suite 500
   Washington, DC 20004
   202-626-8800
3. Concerned Women for American
   1015 15th NW Suite 1100
   Washington, DC 20005
   800-458-8797
4. Human Life International , 14 Family Life Rd.
   Front Royal, VA 22630
   540-635-7884
   Hispanic Division 305-662-1497
5. Focus on the Family
   Heartlink
   8605 Explorer Drive
   Colorado Springs, CO 80920
   719-531-3400
6. Birthright, Box 98363
   Atlanta, GA 30359
   770-451-6336
7. Life Checks, Box 1
   Joppa, MD 21085-0001
   1-VIP-PRO-LIFE
8. Life Issues Institute (Dr. Willke)
   1721 W. Galbraith Rd.
   Cincinnati, OH 45239
   513-729-3600
9. Family Resource Center , 801 "G" Street NW
   Washington, D.C. 20001
   202-393-2100
10. Heartbeat, 7870 Olentangy River Road #304
    Columbus, OH 43235
    888-550-7577
11. CareNet, 109 Carpenter Drive, Ste. 100
    Sterling, VA 20164
    703-478-5661

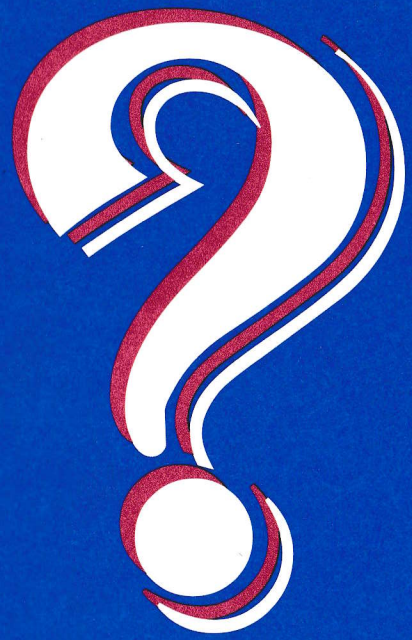
Recommended reading to educate yourself:

Why Not Love Them Both by Dr. And Mrs. Willke, Pro-Life Answers. to Pro-Choice Arguments. by Randy Alcorn, Blood Money by Carol Everett

Heritage House'76 INCORPORATED

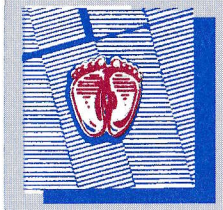
1-800-858-3040

Item no. 926 WC
© 2001 Heritage House '76, Inc.
919 S. Main St. Snowflake, AZ 85937
Quantity prices available
http://www.heritagehouse76.com
http://www.abortionfacts.com



What Can I do?

To help stop abortion



1. Wear your Precious Feet pin every day, everywhere you go. People will ask about the pin and what it means. It is a perfect opportunity for you to speak up for the humanity of the unborn.[1]

2. Find out the name of an abortionist in your town and commit to pray daily for his/her change of heart. Carol Everett is a classic example of an abortion clinic owner whose heart was changed. She is now an outspoken Pro-Lifer and author of the excellent book, "Blood Money".[1]

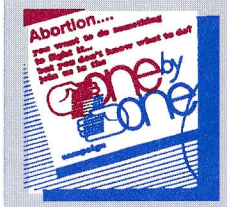
3. Put Pro-Life stickers on ALL outgoing mail.[1]

4. Include a piece of literature in ALL bills you pay and letters you send.[1]

5. Put a Pro-Life bumper sticker or static sticker on each of your cars.[1]

6. Spread the Pro-Life message One by One with literature. Literature is the most powerful weapon you have in this fight. Passing out literature is probably the easiest and yet, most effective thing you can do. You can pass out literature as you go about your daily routine. Leave it in waiting rooms, restrooms, lobbies, airports, laundromats – anywhere people are likely to pick it up.

7. Write letters to your congressmen, concerning abortion. These letters don't have to be long. Simply tell them your position on the legislation and how you would like them to vote. (Join your state or national Right to Life or CWA to keep abreast of these issues).[2]



8. Create a circle of like-minded friends and start a phone chain. When abortion legislation comes up, start calling and urging them to contact their legislators.

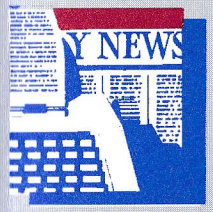
9. Write letters to the editor. If you don't know what to say, refer to the numerous articles written on the issue. The contents of your letter are often a matter of editing and changing a few lines of the article.[2]

10. Arrange for a Pro-Life speaker to do a presentation at your church or civic group.

11. Purchase a video and literature on abortion and offer to show it at church youth groups and other gatherings. You don't have to be an eloquent speaker – let the video share the message. After the video, pass out these pamphlets so they too can get involved.[1]

Video suggestions: Hard Truth (Graphic) or Silent Scream.

12. If you know any Pro-Life teenagers, provide them with literature to share at school. While you cannot go onto campus and pass out literature, students have a constitutionally protected right to do so.[1]

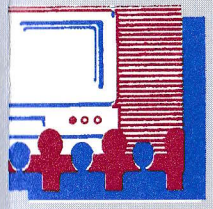


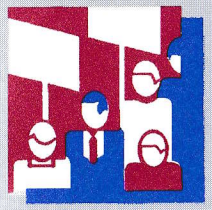
13. Buy copies of LoveMatters.com, a very professional up-to-date tabloid featuring well known film stars who are pro-chastity and pro-life to distribute at your local Crisis Pregnancy Center, College Campuses and Churches.[1]

14. Volunteer at a local Crisis Pregnancy Center, Right to Life office, Birthright, Concerned Women for America, CareNet or Heartbeat Centers or other Pro-Life organization. These organizations are always desperate for volunteers. The following are some ways you can help these organizations:

- Sort, mend and wash baby and maternity clothes.
- Help get newsletters and mailings out.
- Volunteer to be a counselor.
- Have a baby shower to benefit a local Crisis Pregnancy Center.
- Type, file and assist with other office duties.
- Join a speakers bureau and give pre sentations to groups and churches.
- Man Pro-Life tables and booths at county and state fairs.
- Coordinate volunteers for any of the above.

To find out if there are groups in your area refer to the resources section for the addresses of national headquarters and their phone numbers. Contact the national headquarters and they will tell you if they have a local chapter or center in your area. Most Crisis Pregnancy Centers are in the yellow pages under "Abortion Alternatives".[10&11]



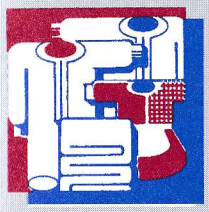


15. Picket an abortion clinic. Many groups do this on a regular basis. Check with your local Pro-Life group. If they don't have anything organized get it started.

16. Financially support one of the many worthy Pro-Life groups and centers.

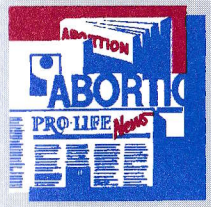
17. Go to yard sales and buy baby clothes and maternity clothes and donate them to your local Crisis Pregnancy Center or maternity home.

18. Join in the March for Life or stand in a Life Chain. Your local Pro-Life group will have the information on where and when.



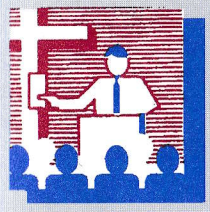
19. Investigate your school district's sex education curriculum. If it is pro-sex or pro-abortion, request permission to show the other side. Purchase the video "No Second Chance" and "Ultrasound – Window to the Womb" and show them in the high school classes.

20. Educate yourself. Subscribe to one or more of the excellent newspapers, magazines and newsletters covering abortion and related issues.



21. Join a Pro-Life group, either national, state or local, that reflects your occupation, age or personal interest.

22. Plan a Pro-Life Sunday at your church. Have a table with literature and Precious Feet. If allowed, give a short talk during the service.



23. Use Pro-Life checks. Every time you write a check you share the Pro-Life message.[7]

24. Learn more about using the web for a learning resource. Check out the following web-sites:
http://www.abortionfacts.com
http://www.lovematters.com
http://pfl.com